

CULTURAL TRAINING – LIVING & WORKING IN THE UK

This one-day training programme is for employees relocating to the UK who are not familiar with the country or the way of doing business. It will provide strategies for adjusting to a different lifestyle, culture and working environment and practical guidance on life and work in the UK.

Topics covered include:

- Managing expectations and adjusting to life and work in your new country, dealing with the stresses of moving and culture shock
- Exploring cultural values, attitudes, beliefs and customs
- Country briefing: an introduction to the history, economy, politics, people and religion of the UK
- Practical aspects and do's and don'ts of living and working in the UK
- Language and non-verbal communication
- Doing business - management and working styles, business communication
- Cultural values and attitudes in the workplace
- Socialising and building relationships

At the end of this course participants will have:

- Greater self-awareness of their own culture and a better understanding of their impact on others
- Up-to-date information relevant to the British business context
- Increased understanding of British values, attitudes and behaviours
- Knowledge of how working practices might differ in the UK
- Tips on settling into everyday life in the UK: the NHS, local amenities, education, banking, shopping, local traditions

Format One-day interactive training programme, face-to-face. Or virtually two x half days.

Who should attend? Employees assigned to either short or long-term assignments in the UK.

Maximum number of delegates: 1-2-1 or small groups of up to 6