

## MENTORING SKILLS

Mentoring is 'the pairing of a more senior and experienced manager (or more experienced peer) with a colleague, not in a line relationship. The mentor acts as an advisor and guide to support the mentee in achieving their career goals'.

This workshop sets you up to be a great mentor. It helps you understand the role of a mentor and how to get the best out of a mentoring relationship. It provides you with the tools to manage the mentoring process and the skills and confidence to handle any situation your mentee might need support with.

### **On completing the workshop you will be able to:**

- Understand your role as a mentor
- Provide structure to the mentoring relationship
- Support and challenge mentees with effective coaching and feedback
- Set up an effective contract between yourself and the mentee around what the mentee wants from the relationship
- Get feedback from your mentee around your mentoring

**Format** Half-day workshop, face-to-face. Or virtually 2 x 2 hour sessions.

**Who should attend?** Individuals wishing to develop skills for mentoring others in the organisation.

**Maximum number of delegates** 8